

Kari Elise Slinning



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Work Experience (selections)

● Faculty - Somatic Experiencing International

2025 - Ongoing

● Operations Manager in Frisk & Fri – Riksföreningen mot ätstörningar. (Swedish National Association for Eating Disorders.)

2009 - 2015

Includes leading approx. 10 employees, more than 100 volunteers, leading meetings, general assemblies, workshops, speeches, financial responsibility, applications

● Leader of groups for Riksföreningen Anorexi/BulimiKontakt

2003 - 2008

● Psychotherapeutic private practice in Stockholm, Sweden

2002 - Ongoing

● Music teacher, Karby school, Vallentuna

2002

Low-mid & high school, classes of up to 30 pupils

● Leader of music group in forensic Psychiatry in collaboration between Schools for Adults & Löwenströmska psychiatric hospital

2001 - 2010

● Various shorter appointments in Psychiatry

2000 - 2006

Within the eating disorder treatment, psychosis care and forensic psychiatry.

Assistant Professor, Östlandets Music Academy, Oslo, Norway

1992

Freelance work conducting orchestras in Norway, Finland & Sweden

1990 - 2003

For instance conducted: Helsingfors City Orchestra; Radio Orchestra Oslo; Stavanger Symphony Orchestra; Norrköping Symphony Orchestra; Helsingborg Symphony Orchestra; Norrland opera; Malmö Music Academy Symphony Orchestra; Östlandet Music conservatory Symphony Orchestra, Oslo and more

Freelance work as a violinist in Norway & Sweden

1985 - 2003

Among others, in the Stockholm Philharmonic Orchestra; The Stockholm Sinfonietta; Norwegian Radio Orchestra, Oslo etc.

Education (selections)

Certified Somatic Experiencing Practitioner (SEP).

2009 - 2012

MSc in Gestalt Psychotherapy, from Gestalt-Akademy of Skandinavien in cooperation with University of Derby, Great Britain.

2000 - 2006

Orchestra conducting, Master level, Sibelius Academy, Helsinki, Finland

1988 - 1992

Pedagogics, University of Oslo, Norway

1988

Cand.mag. Violinist, Norwegian Academy of Music, Oslo, Norway

1983 - 1987